

Magic SICILY

Food Wine Culture

May 16 – 23 2025

Western Sicily

from Palermo
to Marsala



Sicily is a magical land worthy of exploration. Our trip will begin in Western Sicily in the city of Palermo, famous for its street food and outdoor markets. From there it will lead us across ancient roads, seaside towns and onto rolling hills to discover local wines, traditional cuisine, history, culture and of course the people who call Sicily home.

8 Days and 7 Nights
Fully Escorted Tour
with Expert Food and
Wine Instruction

Fabulous Accommodations
7 Delicious And Amazing Breakfasts, 7 Lunches and 4
Dinners Paired with Local Wines
All for \$4200 Double Occupancy per person
Single Supplement \$750

SIGN up Now: nwaldeck@tastendsavor.com



Join us for rare, outside-the-guidebook experience in Western Sicily. Let us tell you a story about Sicily, a place that is both fascinatingly otherworldly and vibrantly alive, a continent on an island.

We'll immerse ourselves in typical Sicilian food traditions from world famous bakeries, to tiny restaurants whose chefs themselves will serve you. You'll fall in love with the wines and their makers as we hear the stories and learn about the historical evolution and wine revolution.

You'll leave with a well-rounded understanding, knowing how nature, history, stories, and passion converge into a metaphor for life in the largest island in the Mediterranean – that is Sicily.

Sign up or ask Questions at nwaldeck@tasteandsavor.com

Small Group Travel 8 - 12 guests. Seven nights, eight days. All hotel, all travel in SICILY, all sights, all education, seven lunches and four dinners are included. In and out of Palermo and through the wonders of Western Sicily you'll be our valued guest! \$4200 US per person \$750 Single Supplement (Airfare to Sicily not included.) More info at nwaldeck@tasteandsavor.com



YOUR Hosts

Healthy Chef Partyologist Nancy Waldeck presents over 100 wine and food events every year, having fun translating the craft of food and wine pairing to eager audiences. A holder of the WSET 3 certificate from the Wine and Spirits Education Trust, since 2015 she has shared her enthusiasm for travel, food and wine by leading small groups to interesting destinations. Demet Guzey Ph.D writes about food history and culinary travel, lectures at Le Cordon Bleu in Paris, and teaches Food Culture and Wine Business in Verona and Florence.

She has a Ph.D. from University of Massachusetts, a Diploma in Gastronomy from University of Reims, and a Level 3 certificate from WSET. Demet lives in Verona with her husband and son and organizes and advises unique culinary trips across Italy.

"You just couldn't put a trip together like this on your own."

Palermo, Sellinunte Archeological Park, Castellammare del Golfo, Alcamo, Erice, Marsala, Trapani, Menfi and more.

- Charming Accommodations, True to the Region
- Luxury Bus Travel for Short Distances
- Master Cooking Class
- Exclusive VIP Winery visits and tastings
- Visits to Farms, Cheese Mongers and Artisanal Product Makers

