

# SEDUCTIVE SOUTHERN SICILY

March 23 - March 30th 2020

TASTE AND SAVOR TRAVELS

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Brilliant Blue Skies and Sea  
Fabulous Food and Extraordinary Wine  
The Slice of Italy You Have Been Missing  
Incredible History  
The Trip of a Lifetime

*Here's what one of our happy travelers said about his trip with us: "It was the perfect balance of organized activities and leisure time. Getting insights from both the hosts and the locals meant that we got to see and learn about all things food, wine and culture that tourists would never discover!"*

- Seven Nights/Eight Days with a Small Group of Amazing Travelers
- Fully Escorted Tour with Expert Food and Wine Instruction
- 2 Nights in Ortygia, 2 Nights in Ragusa, 2 Nights in Etna, a final wonderful stay in Catania
- 7 Delicious and Amazing Breakfasts, 7 Lunches and 5 Dinners paired with Local Wines
- Personal Interaction with Winemakers, Locals, Hoteliers and Chefs

- All for \$3900 Double Occupancy (single supplement \$400)





#### **YOUR Hosts**

##### **Healthy Chef Partyologist**

**Nancy Waldeck** presents over 100 wine and food events every year, having fun translating the craft of pairing to eager audiences. A holder of the WSET 3 certificate from the Wine and Spirits Education Trust, since 2015 she has shared her enthusiasm for travel, food and wine by leading small groups to interesting destinations. **Demet Guzey** writes about food history and culinary travel, lectures on *Food Writing* at *Le Cordon Bleu* in Paris, and teaches *Food and Culture* at USAC Verona. She has a Ph.D. from University of Massachusetts, a Diploma in Gastronomy from University of Reims, and a Level 3 certificate from the Wine & Spirit Education Trust. Demet lives in Verona with her husband and son and hosts frequent culinary courses in the area.

**“You just couldn’t put a trip together like this on your own.”**  
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*Sicily, the largest island in the Mediterranean is a magical place worthy to be explored and experienced in every aspect. You’ll join a small group of interested travelers for 8 days and 7 nights dedicated to Sicilian wine and cuisine with stops along the island’s most important and characteristic southern towns. From wineries like COS and Planeta to the most interesting cooking classes from native Sicilians, to the famous almonds and lemons of the area and of course the incredible wonders of architecture and culture of this land.*

#### **Day One – Monday MARCH 23**

We’ll meet you at the Catania Airport and board our luxurious bus. (You’ll like our bus and wonderful driver - but we won’t let you get too comfortable. Our longest bus ride for the whole week will be less than 2 hours.) In Siracusa, we’ll enjoy an introduction of the wine and food of Sicily, followed by a luscious lunch, hosted by one of our favorite gourmet stores. An early dinner in an authentic Sicilian wine bar frequented by locals in-the-know closes our first day of adventure.

#### **Day Two – Tuesday MARCH 24**

After a visit to the Ortygia farmers market, we’re off to an olive farm, to enjoy learning about the Sicilian olive production and share a wine paired lunch with our hosts. Back to Ortygia for a leisurely stroll to one of our favorite restaurants for dinner.

#### **Day Three – Wednesday MARCH 25**

A granita at Cafe Italia, will be our first destination today, (you may have seen it on Chefs Table), followed by a stop at Planeta winery for a private tour and tasting. Next to Zisol house for a late lunch and visit, followed by a short drive to Ragusa for a wonderful dinner and wine with a 2 night stay in a charming hotel.

#### **Day Four – Thursday MARCH 26**

Like Ricotta? We do too. We’ll start the day with a visit to a Ricotta produce and then learn more about the fascinating story of Sicily by visiting Scicli this morning, a breathtakingly beautiful town that was rebuilt in the Sicilian Baroque style. Our aromatic lunch is at the Aromi farm today, and we’ll have a chance to visit the gardens too! Our final stop today is at the Monica chocolate factory where you’ll discover a whole new world of this unique sweet treat. Tonight is time to discover the sights and sounds of charming Ragusa on your own.

#### **Day Five – Friday MARCH 27**

Wine captures our attention this morning with visits to COS and Nanfro. After tasting and touring in the morning, and fun lunch, our afternoon is packed with the fascinating artwork and pottery at Caltagirone, the city of ceramic We’ll end our day with a visit to Benanti winery and then off to Mount Etna for our wonderful family hotel, an aperitivo and dinner.

#### **Day Six – Saturday MARCH 28**

After an overnight in Etna and a walk through the vines right outside our door, we’ll visit Etnella winery and a pistachio farm. Our lunch is in the winsome town of Bronte and a incredible visit in Taormina to the richly ornamented Teatro Greco, an amphitheater built around the third century B.C. A hands-on dinner at winery Murgo await us this evening.

#### **Day Seven – Sunday MARCH 29**

We’ll end our visit in beautiful Catania by a walking tour and celebrate the week with a fantastic farewell lunch so you’ll have rest of the day to explore and uncover the riches of this seaside town.

#### **Day Eight – Monday MARCH 30**

We’ll send you off to the airport with incredible memories, new friends, and experiences. that will last forever.