

# Its always a Good Time for FRANCE



Le Cordon Bleu and the Eiffel Tower

## An Unforgettable Week

Magnifique! Paris AND the Loire  
Food, Wine, Culture, Fun and Education you can't get  
anywhere else.

1

FOOD

Including a class at **Le Cordon Bleu** and the best from the Loire region.

2

WINE

Wine Tasting in Paris and the Loire - legit wine education that you can take home.

3

CULTURE

You're a guest, not a tourist on our trip, traveling in elegant French style.



The Streets and Shops of PARIS



The Sights and Chateau of the LOIRE



The FUN and Experience of a Small Group

## SEVEN BEAUTIFUL FRENCH NIGHTS, EIGHT DAYS

to enjoy the best that Paris and the Loire have to offer a discerning guest.

We'll share our favorite places in PARIS:

THE BEST BAGUETTE

THE BEST FROMAGERIE

THE BEST WINE SHOP

THE BEST CULINARY SHOPS

THE BEST MARKETS

THE BEST CAFES

AND A CLASS AT LE CORDON BLEU!

In the LOIRE our plans include:

Market Gazing and Grazing

Fabulous Wine Tasting

Chateau and Castle Touring

Eating Authentic Local Cuisine

Truffle Hunting

**“You just couldn't put a trip together like this on your own”**

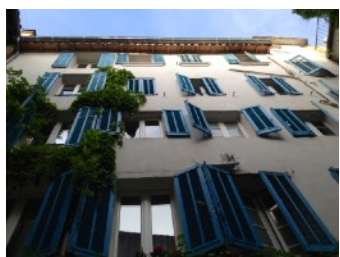


Mark your calendars, NOW. Seven nights, eight days. All hotel, all travel in France, all sights, all education, six lunches and dinner are included.

From our meet up at Charles de Gaulle airport to Loire and back, you'll be our valued guest!

\$3600 US per person \$500 Single Supplement

More info at: [nwaldeck@tasteandsavor.com](mailto:nwaldeck@tasteandsavor.com)



### CHEF/DIETICIAN MICHELE REDMOND AND HEALTHY CHEF PARTYOLOGIST NANCY WALDECK...

met at a professional culinary conference and bonded immediately over their love of food, wine, travel and culture. Michele is a Registered Dietitian Nutritionist, food writer, food culture guide and food enjoyment activist. She leads the Taste Workshop which offers local and international culinary nutrition and taste education workshops for food professionals and the public. Healthy Chef Partyologist Nancy Waldeck's exuberant approach to healthy cuisine and fun wine leads her to deliver over 100 classes a year in interesting locations - from an United States embassy to corporate offices like Google, Southern Company and Norfolk Southern, from Hospital Wellness Centers and Blue Cross Blue Shield to Farmers Markets, Television and Conferences from 10 to 1000.